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**IDAPA 24  
TITLE 15  
CHAPTER 01**

**24.15.01 – RULES OF THE IDAHO LICENSING BOARD OF PROFESSIONAL COUNSELORS  
AND MARRIAGE AND FAMILY THERAPISTS**

**000. LEGAL AUTHORITY (RULE 0).**

These rules are hereby prescribed and established pursuant to the authority vested in the Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists by the provisions of Section 54-3404, Idaho Code. (3-13-02)

**001. TITLE AND SCOPE (RULE 1).**

These rules shall be cited as IDAPA 24.15.01, “Rules of the Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists.” (3-13-02)

**002. WRITTEN INTERPRETATIONS (RULE 2).**

The board may have written statements that pertain to the interpretation of the rules of this chapter. Such interpretations, if any, are available for public inspection and copying at cost in the main office of the Bureau of Occupational Licenses. (3-13-02)

**003. ADMINISTRATIVE APPEALS (RULE 3).**

Administrative Appeals shall be governed by the Administrative Procedure Act, Title 67, Chapter 52, Idaho Code. (3-13-02)

**004. INCORPORATION BY REFERENCE (RULE 4).**

**01. ACA Code of Ethics.** “ACA Code of Ethics,” as published by the American Counseling Association (ACA), effective 2014, is herein incorporated by reference and is available from the Board’s office and on the Board web site. (4-11-15)

**02. AAMFT Code of Ethics.** The document titled “AAMFT Code of Ethics,” as published by the American Association for Marriage and Family Therapy (AAMFT), effective January 1, 2015 and referenced in Subsections 239, 350, 450, and 525 is herein incorporated by reference and is available from the Board’s office and on the Board web site. (3-25-16)

**03. Guidelines.** The document titled “Approved Supervision Designation Handbook” that provides supervision guidelines for supervisors, as published by the American Association for Marriage and Family Therapy (AAMFT), dated October 2007 referenced in Subsection 239.03.a. of these rules, is herein incorporated by reference and is available from the Board’s office and on the Board web site at <http://www.ibol.idaho.gov>. (4-4-13)

**005. ADDRESS OF IDAHO LICENSING BOARD OF PROFESSIONAL COUNSELORS AND MARRIAGE AND FAMILY THERAPISTS (RULE 5).**

The office of the Board of Professional Counselors and Marriage and Family Therapists is located within the Bureau of Occupational Licenses, 700 W. State Street, Boise, Idaho 83702. The Bureau is open between the hours of 8:00 a.m. and 5:00 p.m. each day except Saturdays, Sundays and holidays. The telephone number of the Board is (208) 334-3233. The Board’s FAX number is (208) 334-3945. The Board’s e-mail address is [cou@ibol.idaho.gov](mailto:cou@ibol.idaho.gov). The Board’s official website is <http://www.ibol.idaho.gov>. (3-29-10)

**006. PUBLIC RECORDS (RULE 6).**

The records associated with the Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists are subject to the provisions of the Idaho Public Records Act, Title 74, Chapter 1, Idaho Code. (3-13-02)

**007. -- 009. (RESERVED)**

**010. DEFINITIONS (RULE 10).**

**01. Board.** The Idaho Licensing Board of Professional Counselors and Marriage and Family

Therapists as prescribed in Section 54-3401, Idaho Code. (3-13-02)

**02. Bureau.** The Bureau of Occupational Licenses as prescribed in Sections 54-3404 and 67-2602, Idaho Code. (3-13-02)

**03. Accredited University or College.** An accredited university or college shall be a college or university accredited by a regional accrediting agency as identified by the U.S. Department of Education. (7-1-18)T

**04. Practicum.** The term practicum includes a practicum, internship, or a combination, taken as part of the graduate level program. (7-1-18)T

**05. Supplemental Practicum Hours.** Supplemental practicum hours are hours of direct client contact that are supervised by a registered marriage and family therapist supervisor at a ratio of one (1) hour of supervision for every ten (10) hours of direct client contact. (7-1-18)T

**011. -- 099. (RESERVED)**

**100. ORGANIZATION AND MEETINGS (RULE 100).**

Board meetings will be held not less than four (4) times each year and at such other times as the Board deems necessary. (3-29-12)

**101. -- 148. (RESERVED)**

**149. MATERIALS TO BE FILED BY ALL LICENSURE APPLICANTS (RULE 149).**

Each applicant for licensure shall: (3-13-02)

**01. Complete an Application.** Complete an application upon a form prescribed by the Board. (3-13-02)

**02. Provide Verification of Educational Program.** Verify completion of the approved educational program identified on the application with official graduate transcripts. Official transcripts must be received by the Board directly from the registrar of the appropriate college or university. (3-13-02)

**03. Submit Verification of Supervised Experience.** The verification of supervised experience shall be provided directly to the Board by those supervisors listed on the application. (3-13-02)

**04. Submit Application Fee.** Submit a non-refundable application fee as determined by Subsection 250.01. (3-13-02)

**05. Deadline.** To be considered by the Board, a properly completed application together with all supporting documentation and required fees must be received by the Bureau at least seven (7) calendar days prior to the next scheduled meeting of the Board. (3-30-06)

**06. Lack of Activity.** Applications on file with the Board from an applicant who has not provided any written contact with the Board during the previous twelve (12) consecutive months shall be deemed denied and shall be terminated. (3-30-06)

**150. QUALIFICATIONS FOR PROFESSIONAL COUNSELOR LICENSURE (RULE 150).**

Licensure as a "professional counselor" shall be restricted to persons who have successfully completed the required examination and each of the following requirements: (3-30-06)

**01. Graduate Program Requirement.** A planned graduate program of sixty (60) semester hours which is primarily counseling in nature, six (6) semester hours of which are earned in an advanced counseling practicum, and including a graduate degree in a counseling field from an accredited university or college offering a graduate program in counseling. (7-1-93)

**a.** A planned graduate program in a counseling field shall be defined as completion of one (1) of the

following: (7-1-93)

i. A counseling program approved by the Council for Accreditation of Counseling and Related Educational Programs; or (7-1-93)

ii. A counseling program approved by the Council on Rehabilitation Education; or (7-1-93)

iii. A counseling program approved by the Board which shows evidence of education in the following areas: Counseling Theory, Counseling Techniques and Supervised Counseling Experience (this practicum must be supervised at the ratio of at least one (1) hour of one-to-one supervision for every ten (10) hours of experience in the setting). Applicant must show completion of one (1) graduate level course unique to each of the following eight (8) areas: (3-29-10)

(1) Human growth and development: Includes studies that provide a broad understanding of the nature and needs of individuals at all developmental levels. Emphasis is placed on psychological, sociological, and physiological approaches. Also included are areas such as human behavior (normal and abnormal), personality theory, and learning theory. (7-1-93)

(2) Social and cultural foundations: Includes studies of change, ethnic groups, subcultures, changing roles of women, sexism, urban and rural societies, population patterns, cultural mores, use of leisure time, and differing life patterns. (7-1-93)

(3) The helping relationship: Includes philosophic bases of the helping relationship: Consultation theory and/or an emphasis on the development of counselor and client (or consultee) self-awareness and self-understanding. (7-1-93)

(4) Groups: Includes theory and types of groups, as well as descriptions of group practices, methods dynamics, and facilitative skills. It includes either a supervised practice and/or a group experience. (7-1-93)

(5) Life-style and career development: Includes areas such as vocational-choice theory, relationship between career choice and life-style, sources of occupational and educational information, approaches to career decision-making processes, and career-development exploration techniques. (7-1-93)

(6) Appraisal of the individual: Includes the development of a framework for understanding the individual, including methods of data gathering and interpretation, individual and group testing, case-study approaches and the study of individual differences. Ethnic, cultural, and sex factors are also considered. (7-1-93)

(7) Research and evaluation: Includes areas such as statistics, research design, and development of research and demonstration proposals. It also includes understanding legislation relating to the development of research, program development, and demonstration proposals, as well as the development and evaluation of program objectives. (7-1-93)

(8) Professional orientation: Includes goals and objectives of professional counseling organizations, codes of ethics, legal consideration, standards of preparation, certification, and licensing and role of identity of counselors. (7-1-93)

b. A total of at least sixty (60) graduate semester hours or ninety (90) graduate quarter hours shall be required. (7-1-93)

c. Advanced counseling practicum shall be practica taken at the graduate school level. (7-1-93)

d. A graduate degree shall be one of the following beyond the baccalaureate level: The master's degree, the educational specialist certificate or degree, or the doctor's degree. (7-1-93)

**02. Supervised Experience Requirement.** One thousand (1,000) hours of supervised experience in counseling acceptable to the Board. (7-1-93)

a. One thousand (1,000) hours is defined as one thousand (1,000) clock hours of experience working in a counseling setting, four hundred (400) hours of which shall be direct client contact. Supervised experience in practica and/or internships taken at the graduate level may be utilized. The supervised experience shall include a minimum of one (1) hour of face-to-face or one-to-one (1/1) or one-to-two (1/2) supervision with the supervisor for every twenty (20) hours of job/internship experience. Face-to-face may include a face-to-face setting provided by a secure live electronic connection between the supervisor and supervisee. As stated under Subsection 150.01.a.iii. counseling practicum experience as opposed to job or internship experience shall be supervised at a ratio of one (1) hour of supervision for every ten (10) hours in the settings. For example: (3-29-12)

i. A person in a twenty (20) hour per week job/internship who is receiving one (1) hour of individual supervision each week would accumulate one thousand (1,000) supervised hours in fifty (50) weeks to equal the twenty to one (20/1) ratio. (7-1-93)

ii. A person in a forty (40) hour per week setting with one (1) hour of supervision per week would still require fifty (50) weeks to equal the twenty to one (20/1) ratio. (7-1-93)

iii. A person in a forty (40) hour per week setting with two (2) hours of supervision per week would accumulate the one thousand (1,000) hours at the twenty to one (20/1) supervision ratio in twenty-five (25) weeks. (7-1-93)

b. Until July 1, 2004, the supervision must be provided by a Professional Counselor or a Clinical Professional Counselor licensed by the state of Idaho. Effective July 1, 2010, supervision must be provided by a counselor education faculty member at an accredited college or university, Professional Counselor, registered with the Board as a supervisor, a Clinical Professional Counselor, registered with the Board as a supervisor, a Marriage and Family Therapist, registered with the Board as a supervisor, a Clinical Social Worker registered as a supervisor with the Board of Social Work, a licensed Psychologist, or a licensed Psychiatrist, licensed by the state of Idaho. If the applicant's supervision was provided in another state, it must have been provided by a counseling professional licensed by that state, provided the requirements for licensure in that state are substantially equivalent to the requirements of Title 54, Chapter 34, Idaho Code. If supervision was obtained prior to July 1, 1988, or in a state that does not regulate counseling, that supervision must have been provided by a qualified counselor educator as a part of a planned graduate program or by a person who holds a graduate degree beyond the baccalaureate level who is certified and/or licensed as a counselor, social worker, psychologist, or psychiatrist. Supervision by an administrative superior who is not in a counseling related profession is not acceptable to the Board. Supervision by a professional counseling peer, however, may be acceptable to the Board if the peer/supervisory relationship includes the same controls and procedures expected in an internship setting. (See Subsection 150.02.a.) For example, the relationship should include the staffing of cases, the critiquing of counseling tapes and this supervision must be conducted in a formal, professional, consistent manner on a regularly scheduled basis. (3-29-12)

c. Experience in counseling is defined as assisting individuals or groups, through the counseling relationship, to develop an understanding of personal problems, to define goals, and to plan action reflecting interests, abilities, aptitudes, and needs as related to persona-social concerns, educational progress, and occupations and careers. Counseling experience may include the use of appraisal instruments, referral activities, and research findings. (7-1-93)

d. The Board shall consider the recommendation of the supervisor(s) when determining the acceptability of the applicant's supervised experience. (4-2-03)

e. Supervision must be provided in compliance with the ACA code of ethics for counseling supervision, evaluation, remediation, and endorsement. (3-29-12)

**151. -- 199. (RESERVED)**

**200. COUNSELOR SUPERVISOR REQUIREMENTS (RULE 200).**

Effective July 1, 2004, Idaho licensed counselors shall be registered with the Board in order to provide supervision for those individuals pursuing licensure in Idaho as a counselor. (3-29-12)

**01. Requirements for Registration. (4-2-03)**

- a. Document at least two (2) years experience as a licensed counselor. (3-30-07)
- b. Document at least one thousand five hundred (1,500) hours of direct client contact as a counselor. (4-2-03)
- c. Document fifteen (15) contact hours of education in supervisor training as approved by the Board. (4-2-03)
- d. Have not been the subject of any disciplinary action for five (5) years prior to application for registration. (4-2-03)

**02. Registration.** A supervisor applicant shall submit to the Bureau a completed application form as approved by the Board. (4-2-03)

a. Upon receipt of a completed application verifying compliance with the requirements for registration as a supervisor, the applicant shall be registered as a supervisor. The applicant shall include a copy of the informed consent form used to ensure clients are aware of the roles of the supervisor and supervisee. (3-29-12)

b. A supervisor's registration shall be valid only so long as the supervisor's counselor license remains current and in good standing, is not disciplined, and is renewed as provided in these rules. (3-25-16)

**03. Supervision.** (4-2-03)

a. A Registered Counselor Supervisor shall provide supervision in conformance with the guidelines for supervisors set forth in the ACA Code of Ethics. (3-29-12)

b. Unless the primary work role of an individual is as a clinical supervisor a Registered Counselor Supervisor shall not provide supervision to more than six (6) supervisees concurrently. (3-29-12)

c. Supervision shall be provided in a face-to-face setting. Face-to-face setting may include a secure live electronic face-to-face connection between the supervisor and supervisee. (3-25-16)

**04. Renewal.** Subject to the conditions in Paragraph 200.04.c. of this rule, a supervisor's registration is valid for a term of five (5) years. To renew a supervisor registration, the registered supervisor must submit to the Board a complete application for registration renewal prior to the expiration of the current registration on forms approved by the Board and meet the following requirements: (3-25-16)

a. Hold an active Idaho counselor license which has not been subject to discipline and is current and in good standing; and (3-25-16)

b. Document six (6) hours of continuing education in advanced supervisor training as approved by the Board and completed within the previous five (5) years. (3-25-16)

c. For supervisors registered prior to the effective date of Subsection 200.04 of this rule, the following renewal requirements and conditions apply: (3-25-16)

i. A registered supervisor who has been registered for at least five (5) years prior to July 1, 2016 must submit a complete application for registration renewal and meet the renewal requirements by July 1, 2018. (3-25-16)

ii. A registered supervisor who has been registered for less than five (5) years prior to July 1, 2016 must submit a complete application for registration renewal and meet the renewal requirements by July 1, 2020. (3-25-16)

**201. -- 224. (RESERVED)**

**225. CLINICAL PROFESSIONAL COUNSELOR LICENSURE (RULE 225).**

Licensure as a “clinical professional counselor” shall be restricted to persons who have successfully passed the required examination and have met the following requirements: (3-29-12)

**01. License.** Hold a valid licensed professional counselor license that is current and in good standing; and (3-25-16)

**02. Experience.** Document two thousand (2,000) hours of direct client contact experience under supervision accumulated in no less than a two (2) year period after licensure in any state. (3-29-12)

**a.** All applicants for Clinical Professional Counselor license must provide verification of meeting at least one thousand (1,000) hours of supervised experience under the supervision of a licensed Clinical Professional Counselor registered as a supervisor with the Board. The remainder of the supervision may be provided by licensed Psychiatrists, Licensed Psychologists, Licensed Clinical Social Workers registered as supervisors with the Board of Social Work Examiners, or Marriage and Family Therapists registered as supervisors with the Board. If the applicant’s supervision was provided in another state, it must have been provided by a counseling professional licensed by that state, provided the requirements for license and supervision are substantially equivalent to the requirements of Title 54, Chapter 34, Idaho Code. (3-25-16)

**b.** One (1) hour of clinical supervision for every thirty (30) hours of direct client contact is required. Individual supervision is defined as one (1) hour of face-to-face, one-on-one (1:1) or one-to-two (1:2) supervision to every thirty (30) hours of direct client contact. Supervision shall be provided in a face-to-face setting. Face-to-face setting may include a secure live electronic face-to-face connection between the supervisor and supervisee. (3-25-16)

**c.** No more than one-half (1/2) of group supervision shall be allowed. (3-30-07)

**03. Examination.** Successful passage of the required written examination. (3-29-12)

**04. Recommendation of the Supervisor(s).** The Board shall consider the recommendation of the supervisor(s) when determining the acceptability of the applicant’s supervised experience. (3-29-12)

**226. -- 229. (RESERVED)**

**230. QUALIFICATIONS FOR ASSOCIATE MARRIAGE AND FAMILY THERAPIST (RULE 230).**

The following requirements must be met for associate marriage and family therapist licensure: (4-9-09)

**01. Graduate Degree.** Possess a graduate degree as outlined in Subsection 238.01 of these rules or a master’s degree or higher in marriage and family therapy or a related field from an accredited university or college, provided that the graduate program meets one of the following: (7-1-18)T

**a.** Accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE); or (7-1-18)T

**b.** Accredited by the Council for Accreditation of Counseling and Related Educational Programs-Marriage, Couple, and Family Counseling (CACREP-MCFC); or (7-1-18)T

**c.** The program includes, at a minimum, twenty-seven (27) semester credits or thirty-six (36) quarter credits of the graduate level coursework set forth in Subsection 238.01.b of these rules. (7-1-18)T

**02. Practicum.** Completion of a supervised practicum in no less than a twelve (12) month period as part of the graduate program. The practicum must consist of at least three hundred (300) hours of direct client contact, of which at least one hundred fifty (150) hours must be with couples, families and other systems, provided that the Board may grant a license to an applicant who completed a practicum with fewer than the required hours and completed one (1) supplemental practicum hour for every hour in which the practicum was deficient. Supplemental practicum hours must be completed as: (7-1-18)T

**a.** A Registered Intern under Section 245 of these rules; or (7-1-18)T



**b.** Supervised practice in another jurisdiction that is sufficient to be considered substantially similar to the supplemental practicum hour requirements of these rules; or (7-1-18)T

**c.** A combination of Paragraph 02.a and 02.b of this subsection. (7-1-18)T

**03. Examination.** Successful passage of the National Marital and Family Therapy Examination as approved by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB) or another recognized competency examination in marriage and family therapy that is approved by the Board. (7-1-18)T

**231. (RESERVED)**

**232. ASSOCIATE MARRIAGE AND FAMILY THERAPIST PRACTICE (RULE 232).**

A licensed associate marriage and family therapist shall only practice under supervision in compliance with the requirements and limitation of Subsection 238.04 of these rules. (7-1-18)T

**233. -- 237. (RESERVED)**

**238. MARRIAGE AND FAMILY THERAPISTS (RULE 238).**

The following requirements must be met for marriage and family therapist licensure: (3-13-02)

**01. Graduate Degree.** Possess a master's degree or higher in marriage and family therapy or a related field from an accredited university or college provided that the program is either: (7-1-18)T

**a.** Accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE); or (7-1-18)T

**b.** A program of at least sixty (60) semester hours or ninety (90) quarter hours in length and that includes at a minimum: (7-1-18)T

**i.** Marriage and family studies – Nine (9) semester credit hours or twelve (12) quarter credit hours: includes theoretical foundations, history, philosophy, etiology and contemporary conceptual directions of marriage and family therapy or marriage and family counseling; family systems theories and other relevant theories and their application in working with a wide variety of family structures, including families in transition, nontraditional families and blended families, and a diverse range of presenting issues; and preventive approaches, including premarital counseling, parent skill training and relationship enhancement, for working with couples, families, individuals, subsystems and other systems; (7-1-18)T

**ii.** Marriage and family therapy – Nine (9) semester credit hours or twelve (12) quarter credit hours: includes the practice of marriage and family therapy related to theory, and a comprehensive survey and substantive understanding of the major models of marriage and family therapy or marriage and family counseling; and interviewing and assessment skills for working with couples, families, individuals, subsystems and other systems, and skills in the appropriate implementation of systematic interventions across a variety of presenting clinical issues including, but not limited to, socioeconomic disadvantage, abuse and addiction; (7-1-18)T

**iii.** Biopsychosocial health and development across the lifespan – Nine (9) semester credit hours or twelve (12) quarter credit hours: includes individual development and transitions across the life span; family, marital and couple life cycle development and family relationships, family of origin and intergenerational influences, cultural influences, ethnicity, race, socioeconomic status, religious beliefs, gender, sexual orientation, social and equity issues and disability; human sexual development, function and dysfunction, impacts on individuals, couples and families, and strategies for intervention and resolution; and issues of violence, abuse and substance use in a relational context, and strategies for intervention and resolution; (7-1-18)T

**iv.** Psychological and mental health competency – Six (6) semester credit hours or eight (8) quarter credit hours: includes psychopathology, including etiology, assessment, evaluation and treatment of mental disorders, use of the current diagnostic and statistical manual of mental disorders, differential diagnosis and multiaxial diagnosis; standard mental health diagnostic assessment methods and instruments, including standardized tests; and psychotropic medications and the role of referral to and cooperation with other mental health practitioners in

treatment planning, and case management skills for working with individuals, couples, families, and other systems and relational groups; (7-1-18)T

v. Professional ethics and identity – Three (3) semester credit hours or four (4) quarter credit hours: includes professional identity, including professional socialization, professional organizations, training standards, credentialing bodies, licensure, certification, practice settings and collaboration with other disciplines; ethical and legal issues related to the practice of marriage and family therapy, legal responsibilities of marriage and family therapy and marriage and family counseling practice and research, business aspects, reimbursement, recordkeeping, family law, confidentiality issues and the relevant codes of ethics, including the code of ethics specified by the board; and the interface between therapist responsibility and the professional, social and political context of treatment; (7-1-18)T

vi. Research – Three (3) semester credit hours or four (4) quarter credit hours: includes research in marriage and family therapy or marriage and family counseling and its application to working with couples and families; and research methodology, quantitative and qualitative methods, statistics, data analysis, ethics and legal considerations of conducting research, and evaluation of research. (7-1-18)T

**02. Foreign Educated Applicants.** Applicants with a graduate degree from a foreign country may be required to submit a certification from a credential evaluation service that is a member of the National Association of Credential Evaluation Services (NACES) or approved by the Board. The service must certify that the graduate degree is equivalent to a graduate degree from the United States. All costs for the certification are the responsibility of the applicant. All information submitted to the Board must be submitted with an English translation. (7-1-18)T

**03. Practicum.** Completion of a supervised practicum, including any supplemental practicum hours, which meets the requirements of Subsection 230.02 of these rules. (7-1-18)T

**04. Supervised Marriage and Family Therapy Experience.** Completion of at least three thousand (3,000) hours of graduate or post-graduate supervised experience in marriage and family therapy that meets the following requirements: (7-1-18)T

a. A minimum of two thousand (2,000) post-master’s direct client contact hours, over a period of not less than two (2) years, which must include a minimum of one thousand (1,000) direct client contact hours with couples, families, and other systems; and (7-1-18)T

b. A minimum of two hundred (200) hours of post-master’s supervision. (7-1-18)T

c. Other hours must support development as a marriage and family therapist, and may include: additional hours of supervision, additional practicum hours above the three hundred (300) hours required in Subsection 230.02 of these rules, writing clinical reports, writing case notes, case consultation, coordination of care, administering tests, and attending workshops, training sessions, and conferences. (7-1-18)T

d. A minimum of one hundred (100) hours post-master’s supervision must be obtained from a registered marriage and family therapist supervisor. The remaining one hundred (100) hours of supervision may also be obtained from a licensed clinical professional counselor registered as a supervisor with the Board, licensed psychologist, licensed clinical social worker registered as a supervisor with the Board of Social Work Examiners, or licensed psychiatrist who documents: (7-1-18)T

i. A minimum of five (5) years of experience providing marriage and family therapy; and (3-20-04)

ii. Fifteen (15) contact hours of education in supervisor training; and (3-20-04)

iii. Has not been the subject of any disciplinary action for five (5) years immediately prior to providing supervision. (3-20-04)

e. No more than one hundred (100) hours of group supervision shall be allowed. Group supervision shall be defined as up to six (6) supervisees and one (1) supervisor; and (3-29-12)

- f.** Individual supervision is defined as up to two (2) supervisees per supervisor; and (3-13-02)
- g.** Supervision must employ observation of client contact such as the use of audio technologies or video technologies or co-therapy, or live supervision; and (3-29-12)
- h.** In accordance with the adopted Codes of Ethics prohibiting dual relationships, a supervisor shall not act as an applicant's personal Professional Counselor/Therapist. (3-13-02)
- i.** The Board shall consider the recommendation of the supervisor(s) when determining the acceptability of the applicant's supervised experience. (4-2-03)
- j.** Supervision obtained in another jurisdiction or from a supervisor in another jurisdiction must conform with the jurisdiction's requirements provided they are substantially equivalent to Idaho's requirements. (7-1-18)T

**05. Examination.** (3-13-02)

- a.** The Board requires successful passage of the National Marital and Family Therapy Examination as approved by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB) or another recognized competency examination in marriage and family therapy that is approved by the Board. (7-1-18)T
- b.** The examination will be conducted at a time and place specified by the Board. (3-13-02)
- c.** Successful passage of the examination is defined by the Board as achievement of the passing score set by the AMFTRB or the examining entity for examination being administered. Reexamination shall consist of the entire examination. (7-1-18)T

**239. MARRIAGE AND FAMILY THERAPIST SUPERVISOR REQUIREMENTS (RULE 239).**

Licensed marriage and family therapists in Idaho shall be registered with the board to provide supervision for those individuals pursuing licensure in the state of Idaho as a marriage and family therapist. (7-1-18)T

**01. Requirements for Registration.** (3-20-04)

- a.** Possess two (2) years experience as a licensed marriage and family therapist and document at least two thousand (2,000) hours of direct client contact with couples, families, and other systems. (7-1-18)T
- b.** Document fifteen (15) contact hours of education in supervisor training as approved by the Board. (3-20-04)
- c.** Have not been subject to discipline for five (5) years prior to registration. (3-20-04)

**02. Registration.** A marriage and family therapist shall fully complete the application form as established by the board and submit the designated fee as adopted by board rule. (3-20-04)

- a.** Upon receipt of a completed application verifying compliance with the requirements for registration as a supervisor, the applicant shall be registered as a supervisor. The applicant shall include a copy of the informed consent form used to ensure clients are aware of the roles of the supervisor and supervisee. (3-25-16)
- b.** A supervisor's registration shall be valid only so long as the supervisor's marriage and family therapist license remains current and in good standing, is not disciplined, and is renewed as provided in these rules. (3-25-16)

**03. Supervision.** (3-20-04)

- a.** A registered marriage and family therapist supervisor shall provide supervision in conformance with the guidelines for supervisors adopted by the American Association for Marriage and Family Therapists and the guidelines set forth in the AAMFT Code of Ethics. (3-25-16)

**b.** Unless the primary work role of an individual is as a clinical supervisor a registered marriage and family therapist shall not supervise more than six (6) supervisees, either in one-to-one or group supervision, at any time regardless of the modality (individual, dyad, or group) of supervision. (3-29-12)

**c.** Supervision shall be provided in a face-to-face setting. Face-to-face setting may include a secure live electronic connection between the supervisor and supervisee. (3-25-16)

**04. Renewal.** Subject to the conditions in Paragraph 239.04.c. of this rule, a supervisor's registration is valid for a term of five (5) years. To renew a supervisor registration, the registered supervisor must submit to the Board a complete application for registration renewal prior to the expiration of the current registration on forms approved by the Board and meet the following requirements: (3-25-16)

**a.** Hold an active Idaho marriage and family therapist license which has not been subject to discipline and is current and in good standing; and (3-25-16)

**b.** Document six (6) hours of continuing education in advanced supervisor training as approved by the Board and completed within the previous five (5) years. (3-25-16)

**c.** For supervisors registered prior to the effective date of Subsection 239.04 of this rule, the following renewal requirements and conditions apply: (3-25-16)

**i.** A registered supervisor who has been registered for at least five (5) years prior to July 1, 2016 must submit a complete application for registration renewal and meet the renewal requirements by July 1, 2018. (3-25-16)

**ii.** A registered supervisor who has been registered for less than five (5) years prior to July 1, 2016 must submit a complete application for registration renewal and meet the renewal requirements by July 1, 2020. (3-25-16)

**240. EXAMINATION FOR LICENSURE (RULE 240).**

Licensure as a counselor, clinical counselor, associate marriage and family therapist, or marriage and family therapist shall be restricted to persons who have successfully completed the required written examination. (4-9-09)

**01. Examination.** (3-30-06)

**a.** All counselor applicants are required to successfully pass the National Counselor Examination prepared by the National Board of Certified Counselors (NBCC). (3-30-06)

**b.** All clinical counselor applicants are required to successfully pass the National Clinical Mental Health Counselor Examination (NCMHCE) prepared by the National Board of Certified Counselors (NBCC). (3-30-06)

**c.** All associate marriage and family therapist applicants are required to successfully pass the National Marital and Family Therapy Examination as approved by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB). (4-9-09)

**d.** All marriage and family therapist applicants are required to successfully pass the National Marital and Family Therapy Examination as approved by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB). (4-9-09)

**02. Time and Place.** The examination will be conducted at a time and place specified by the Board or the examining entity. (3-30-06)

**03. Successful Passage.** Successful passage of the examination is defined as achievement of the passing score set by the preparer of the examination. Reexamination shall consist of the entire examination. (3-30-06)

**241. -- 244. (RESERVED)**

**245. REGISTERED INTERNS (RULE 245).**

The Board may issue a registration to allow an intern to engage in the practice of counseling or marriage and family therapy while completing either the supervised experience or supplemental practicum hours required for licensure. A registered intern may only practice under the direct supervision of a person registered as a supervisor with the Board or otherwise approved to provide supervision under this chapter. (7-1-18)T

**01. Requirements for Registration.** An applicant must submit a completed application on a form approved by the Board together with the required fee and meet the following requirements: (7-1-18)T

**a.** Possess a graduate degree in counseling, marriage and family therapy, or a closely related field from an accredited university or college. (4-2-03)

**b.** Designate a supervisor who is registered with the board as a supervisor as set forth in these rules or who is otherwise approved to provide marriage and family therapy supervision as set forth in Section 238 of these rules. (7-1-18)T

**02. Supervision.** The designated supervisor is responsible to provide supervision and ensure that a Registered Intern is competent to practice such counseling or marriage and family therapy as may be provided. (7-1-18)T

**03. Designation of Intern Status.** Only a Registered Intern may use the title Registered Counselor Intern or Registered Marriage and Family Therapist Intern. Registered interns must explicitly state that they are interns in their documentation and advertising, such as business cards, informed consent forms, and other disclosures. (7-1-18)T

**04. Expiration.** An individual shall not practice as an intern for more than four (4) years from the original date of registration, unless good cause is demonstrated to the board. (7-1-18)T

**246. -- 249. (RESERVED)**

**250. FEES (RULE 250).**

**01. Application Fee.** Application fee: (7-1-97)

**a.** Professional Counselor -- seventy-five dollars (\$75). (3-13-02)

**b.** Clinical Professional Counselor -- seventy-five dollars (\$75). (3-13-02)

**c.** Marriage and Family Therapist -- seventy-five dollars (\$75). (3-13-02)

**d.** Associate Marriage and Family Therapist -- seventy-five dollars (\$75). (4-9-09)

**e.** Intern Registration -- twenty-five dollars (\$25). (4-2-03)

**02. Marriage and Family Therapist Examination or Reexamination Fee.** The Marriage and Family Therapist license examination or reexamination fee shall be the fee as set by the provider of the approved examination plus an administration fee of twenty-five dollars (\$25). (3-29-10)

**03. Original License Fee.** Original license fee for Professional Counselor, Clinical Professional Counselor, Associate Marriage and Family Therapist, or Marriage and Family Therapist -- seventy-five dollars (\$75). (4-9-09)

**04. Annual Renewal Fee.** Annual license renewal fee for Professional Counselor, Clinical Professional Counselor, Associate Marriage and Family Therapist, or Marriage and Family Therapist -- one hundred dollars (\$100). (4-9-09)

**05. Annual Renewal Fee for Inactive License.** Annual license renewal fee for inactive Professional Counselor, Clinical Professional Counselor, Associate Marriage and Family Therapist, or Marriage and Family Therapist -- fifty dollars (\$50). (4-9-09)

**06. Annual Renewal Fee for Senior Status.** Annual license renewal fee for senior Professional Counselor, Clinical Professional Counselor, Associate Marriage and Family Therapist, or Marriage and Family Therapist -- sixty dollars (\$60). (4-9-09)

**07. Fees are Non-Refundable.** All fees are non-refundable. (7-1-93)

**251. -- 299. (RESERVED)**

**300. ENDORSEMENT (RULE 300).**

The Board may grant a license to any person who submits a completed application on a form approved by the Board together with the required fees and who: (3-13-02)

**01. Holds a Current License.** The applicant must be the holder of a current active license, in the profession and at the level for which a license is being sought, issued by the authorized regulatory entity in another state or foreign country. The state or foreign country must have substantially similar requirements for licensing as is provided for new applicants in Idaho. The certification of licensure must be received by the Board from the issuing agency; and (3-29-12)

**02. Has Not Been Disciplined.** The applicant must have not been disciplined within the last five (5) years, had a license revoked, suspended, restricted, or otherwise sanctioned by any regulatory entity and has never voluntarily surrendered a license; and (3-29-10)

**03. Is of Good Moral Character.** The applicant must be of good moral character and have not been convicted, found guilty, or received a withheld judgment or suspended sentence for any felony; and (3-29-10)

**04. Has Documented Experience.** The applicant must provide a documented record of at least five (5) years actual practice under licensure in the seven (7) years immediately prior to application in the profession for which a license is being sought, or can demonstrate hardship or extenuating circumstances that prohibited practice during a portion of the seven (7) year period as determined by the Board; and (3-29-12)

**05. Will Abide by Laws, Rules and Code of Ethics.** The applicant must certify under oath to abide by the laws and rules governing the practice of counseling and marriage and family therapy in Idaho and the applicable code of ethics as adopted. (3-29-12)

**301. -- 349. (RESERVED)**

**350. CODE OF ETHICS (RULE 350).**

The Board adopts the American Counseling Association (ACA) Code of Ethics and the American Association for Marriage and Family Therapy (AAMFT) Code of Ethics as referenced in Section 004. All licensees shall be required to adhere to the appropriate Code of Ethics pertaining to their licensure. (3-29-12)

**351. -- 359. (RESERVED)**

**360. INACTIVE STATUS (RULE 360).**

**01. Request for Inactive Status.** Each person requesting an inactive status during the renewal of their active license must submit a written request and pay the established fee. (3-26-08)

**02. Inactive License Status.** (3-26-08)

**a.** All continuing education requirements will be waived for any year or portion thereof that a licensee maintains an inactive license and is not actively practicing or supervising in Idaho. (3-26-08)

**b.** Inactive license renewal notices and licenses will be marked “Inactive.” (3-26-08)

**c.** When the licensee desires active status, the licensee must show acceptable fulfillment of continuing education requirements for the previous twelve (12) months and submit a fee equivalent to the difference between the inactive and active renewal fee. (3-29-12)

**d.** Licensees shall not practice in Idaho as a Professional Counselor, Clinical Professional Counselor, Associate Marriage and Family Therapist, or a Marriage and Family Therapist while on inactive status. (3-29-12)

**361. -- 374. (RESERVED)**

**375. SENIOR STATUS (RULE 375).**

**01. Request for Senior Status.** Each person having attained the age of sixty-five (65) and requesting a senior status during the renewal of their active license must submit a written request and pay the established fee. (3-26-08)

**02. Continuing Education.** Continuing education must be completed annually per Section 425 of this rule. (3-26-08)

**376. -- 399. (RESERVED)**

**400. RENEWAL OF LICENSE (RULE 400).**

Each person licensed under this act must renew said license each year or the license will be cancelled. Cancelled licenses may be reinstated in accordance with the requirements of Section 67-2614, Idaho Code. (3-20-04)

**401. -- 424. (RESERVED)**

**425. CONTINUING EDUCATION (RULE 425).**

Every person holding an Idaho license as a Professional Counselor, Clinical Professional Counselor, Associate Marriage and Family Therapist, or a Marriage and Family Therapist must complete in each twelve-month period preceding the renewal of a license, twenty (20) contact hours of continuing education. A contact hour is one (1) hour of actual participation in a continuing education activity, exclusive of breaks. (3-29-10)

**01. Contact Hours.** The contact hours of continuing education must be obtained in areas of study germane to the practice for which the license is issued as approved by the Board. No less than three (3) contact hours for each renewal period must be in ethics, which must be specific to legal issues, law, or ethics. Ethics contact hours must be obtained in a face-to-face setting where you can interact with the instructor and participants. Therapeutic workshops, retreats and other self-help activities are not considered continuing education training unless specific parts of the experience are applicable to counseling or therapy practice. (4-4-13)

**02. Documentation of Attendance.** It shall be necessary for the licensee to maintain documentation verifying attendance by securing authorized signatures or other documentation from the course instructors, providers, or sponsoring institution substantiating any hours attended by the licensee. This documentation must be provided to the Board upon request by the Board or its agent. (3-29-10)

**03. Approved Contact Hours, Limitations, and Required Documents.** (3-29-10)

**a.** College or University Courses for Credit or Audit. There is no limit to the contact hours that a licensee may obtain in this category during each reporting period. However, all courses are subject to Board approval. For college or university courses, one (1) semester credit equals fifteen (15) contact hours; one (1) quarter credit equals ten (10) contact hours. The licensee must provide the Board with a copy of the licensee's transcript substantiating any hours attended by the licensee. (3-29-10)

**b.** Seminars, Workshops, Conferences. There is no limit to the contact hours that a licensee may obtain in this category during each reporting period. Teleconferences must feature an interactive format in order to

qualify for contact hour credit. Interactive conferences are those that provide the opportunity for participants to communicate directly with the instructor. The licensee must provide the Board with a copy of the certificate, or letter signed by course instructors, providers, or sponsoring institution substantiating any hours attended by the licensee.

(3-29-10)

**c.** Publications. A maximum of four (4) contact hours may be counted in this category during each reporting period. Publication activities are limited to articles in journals, a chapter in an edited book, or a published book or professional publication. The licensee must provide the Board with a copy of the cover page or the article or book in which the licensee has been published. For a chapter in an edited book the licensee must submit a copy of the table of contents.

(3-29-10)

**d.** Presentations. A maximum of four (4) contact hours may be counted in this category during each reporting period. Class, conference, or workshop presentations may be used for contact hour credit if the topic is germane to the field. A specific presentation given repeatedly can only be counted once. A particular presentation will qualify for contact hour credit one (1) time in a five (5) year period. Only actual presentation time may be counted; preparation time does not qualify for contact hour credit. The licensee must provide the Board with a copy of the conference program or a letter from the sponsor, host organization, or professional colleague.

(3-29-12)

**e.** Clinical Supervision and Case Consultation. A maximum of five (5) contact hours of received supervision/consultation may be counted in this category during each reporting period. In order to qualify for contact hour credit, supervision/consultation must be received on a regular basis with a set agenda. No credit will be given for the licensee's supervision of others. The licensee must provide the Board with a letter from the supervisor or consultant listing periods of supervision or consultation.

(4-4-13)

**f.** Dissertation. A maximum of five (5) contact hours may be counted in this category during each reporting period. The licensee must provide the Board with a copy of the licensee's transcript and the title of the dissertation.

(3-29-10)

**g.** Leadership. A maximum of four (4) contact hours may be counted in this category during each reporting period. The licensee must provide the Board with a letter from a professional colleague listing the position of leadership, periods of leadership, and the name of the organization under which the leadership took place. The following leadership positions qualify for continuing education credits:

(3-29-10)

- i. Executive officer of a state or national counseling or therapy organization; (3-29-12)
- ii. Editor or editorial board service of a professional counseling or therapy journal; (3-29-12)
- iii. Member of a national ethics disciplinary review committee rendering licenses, certification, or professional membership; (3-29-10)
- iv. Active member of a counseling or therapy working committee producing a substantial written product; (3-29-10)
- v. Chair of a major counseling or therapy conference or convention; or (3-29-10)
- vi. Other leadership positions with justifiable professional learning experiences. (3-29-10)

**h.** Home Study and On-line Education. A maximum of ten (10) contact hours may be counted through self-study during each reporting period. In order for a home study or on-line course to qualify for contact hours, the course must be provided by a Board-approved continuing education provider or a course pre-approved by the Board.

(3-29-12)

**i.** Copy of Certification Required. A licensee applying for home study or on-line credit must provide the Board a copy of the certification that is verified by the authorized signatures from the course instructors, providers, or sponsoring institution and substantiates any hours completed by the licensee. A licensee seeking contact credit for reading a publication must submit results from a test on the information contained within the publication and administered by an independent third-party.

(3-29-10)



**j.** Continuing Education Credit. Continuing education credit may be granted for a maximum of two (2) hours each renewal period for time spent attending one (1) Board meeting. Members of the Board are not entitled to continuing education credit for Board service. (3-29-10)

**04. Excess Hours.** Continuing education hours accumulated during the twelve (12) months immediately preceding the license renewal date may be applied toward meeting the continuing education requirement for the next license renewal. No more than ten (10) hours in excess of the required twenty (20) hours shall be carried forward. Excess hours may be used only during the next renewal period and may not be carried forward more than one (1) time. (3-29-12)

**05. Compliance Audit.** The Board may conduct random continuing education audits of those persons required to obtain continuing education in order to renew a license and require that proof acceptable to the Board of meeting the continuing education requirement be submitted to the Bureau. Failure to provide proof of meeting the continuing education upon request of the Board shall be grounds for disciplinary action in accordance with section 54-3407, Idaho Code. (4-2-03)

**06. Special Exemption.** The Board shall have authority to make exceptions for reasons of individual hardship, including health (certified by a medical doctor) or other good cause. The licensee must request such exemption prior to renewal and provide any information requested by the Board to assist in substantiating hardship cases. This exemption is granted at the sole discretion of the Board. There is no continuing education required of those holding a current inactive license. (3-29-10)

**426. -- 449. (RESERVED)**

**450. GENERAL SCOPE OF THE LICENSEE'S APPROPRIATE PRACTICE (RULE 450).**

Board recommendation of generic scope of practice. While a license to practice as a counselor or therapist could be considered generic in nature, it should not be viewed as an authorization to provide counseling or therapy services to every client population in every possible professional setting. Counselors and marriage and family therapists shall practice only within the boundaries of competence (see the applicable Code of Ethics). (3-29-12)

**451. -- 499. (RESERVED)**

**500. DISCIPLINARY PROCEDURES (RULE 500).**

**01. Disciplinary Procedures.** The disciplinary procedures of the Bureau are the disciplinary procedures of the Board. (3-13-02)

**02. Civil Fine.** The Board may impose a civil fine not to exceed one thousand dollars (\$1,000) for each violation upon anyone licensed under Title 54, Chapter 34, Idaho Code who is found by the Board to be in violation of Section 54-3407, Idaho Code. (3-13-02)

**03. Costs and Fees.** The Board may order anyone licensed under Title 54, Chapter 34, Idaho Code, who is found by the Board to be in violation of the provisions of Title 54, Chapter 34, Idaho Code, to pay the costs and fees incurred by the Board in the investigation or prosecution of the licensee. (3-13-02)

**501. -- 524. (RESERVED)**

**525. DOCUMENTATION OF INFORMED CONSENT (RULE 525).**

In accordance with Section 54-3410A, Idaho Code, all licensees and registered interns will document the process of obtaining the informed consent of clients at the beginning of treatment and at other times as appropriate. Licensees and interns shall adhere to their respective Codes of Ethics and state law in obtaining informed consent and disclosing information to clients. The receipt of the disclosure shall be acknowledged in writing by both the client and the licensee or intern, and such disclosure of information concerning their practice must include: (4-4-13)

**01. Name, Business Address and Phone Number of Licensee or Intern.** If the licensee or intern is practicing under supervision, the statement shall include the licensee or intern status as such and the designated

qualified supervisor's name, business address and phone number; (4-4-13)

**02. License Type and License Number, Credentials, and Certifications;** (4-4-13)

**03. Education and Training.** Formal education and training with the name(s) of the institution(s) attended and the specific degree(s) received; (4-4-13)

**04. Theoretical Orientation and Approach.** Counseling or marriage and family therapy; (4-4-13)

**05. Relationship.** Information about the nature of the clinical relationship; fee structure and billing arrangements; cancellation policy; (4-4-13)

**06. The Extent and Limits of Confidentiality.** (4-4-13)

**07. Written Statement.** A statement that sexual intimacy is never appropriate with a client and should be reported to the board. (4-4-13)

**08. Client's Rights.** The client's rights to be a participant in treatment decisions, to seek a second opinion, to file a complaint without retaliation, and to refuse treatment. (4-4-13)

**09. Board Information.** The name, address, and phone number of the Board with the information that the practice of licensees and interns is regulated by the Board. (4-4-13)

**526. -- 549. (RESERVED)**

**550. RULEMAKING HISTORY PRIOR TO JULY 1, 1993 (RULE 550).**

Adopted October 4, 1983

Amended and Readopted December 24, 1985

Effective January 13, 1986

Amended and Readopted May 10, 1988

Effective May 30, 1988

Amended and Readopted May 16, 1991

(7-1-93)

**551. -- 999. (RESERVED)**

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